# Hakan Teacher

# Yökdil Sağlık Önemli Kelimeler Part 1

- **Disease** hastalık
- **Treatment** tedavi
- Symptom belirti
- **Diagnosis** teşhis
- **Infection** enfeksiyon
- Patient hasta
- **Physician** doktor
- **Surgery** ameliyat
- Medication ilaç tedavisi
- **Recovery** iyileşme
- Virus virüs
- Bacteria bakteri
- **Injury** yara, sakatlanma
- Pain ağrı
- **Chronic** kronik, uzun süreli
- **Acute** ani, şiddetli
- Vaccine ași

- **Prevent** önlemek
- Cause sebep olmak
- **Effect** etki
- **Cure** iyileştirmek
- **Risk** risk
- **Condition** durum, rahatsızlık
- **Disorder** bozukluk
- Obesity obezite
- Allergy alerji
- **Depression** depresyon
- Cancer kanser
- **Blood pressure** tansiyon
- **Heart disease** kalp hastalığı
- **Diabetes** diyabet
- Immune system bağışıklık sistemi
- **Side effect** yan etki
- Dose doz

- **Test** test, tahlil
- Check-up genel sağlık kontrolü
- Hospital hastane
- Clinic klinik
- Nurse hemşire
- **Survival** hayatta kalma
- Mortality ölüm oranı
- Life expectancy yaşam süresi
- **Genetic** genetik
- Contagious bulaşıcı
- **Transplant** organ nakli
- Therapy terapi
- **Rehabilitation** rehabilitasyon
- Mental health ruh sağlığı
- **Nutrition** beslenme
- Exercise egzers



## ÖRNEK CÜMLELER

## **Symptom**

- Common symptoms of flu include fever and sore throat.
- A headache is often a symptom of stress.

### Diagnosis

- The doctor made an early diagnosis of cancer.
- Accurate diagnosis is important for effective treatment.
- Good nutrition supports faster recovery.

#### Virus

- The flu is caused by a virus.
- The virus spreads through the air.

#### **Acute**

- The patient experienced acute chest pain.
- Acute diseases develop quickly and need urgent care.

#### Cause

- Smoking can cause lung cancer.
- Stress is a common cause of headaches.

#### Risk

- Obesity increases the risk of diabetes.
- Smoking is a major health risk.

#### Obesity

- Obesity is linked to many health problems.
- The rate of childhood obesity is rising.
- He takes medication for depression.

#### **Blood pressure**

- High blood pressure is dangerous.
- Check your blood pressure regularly.



#### Check-up

- I go for a check-up every six months.
- The doctor found nothing wrong during the check-up.

## Hospital

- He was taken to the hospital after the accident.
- She works in a children's hospital.

#### Clinic

- The clinic opens at 8 a.m.
- She visited the clinic for a flu shot.

#### Nurse

- The nurse took my temperature.
- Nurses care for patients day and night.

#### Survival

- Survival depends on early treatment.
- Cancer survival rates are improving.

#### Therapy

- He is receiving physical therapy.
- Therapy helped him recover mentally.

#### Rehabilitation

- He went to a rehab center after the accident.
- Rehabilitation takes time and patience.
- She studied nutrition at university.

#### **Exercise**

- Regular exercise keeps you healthy.
- Exercise reduces stress.



# 1. Eşleştirme Etkinliği

İngilizce kelimeleri Türkçe karşılıklarıyla eşleştiriniz.

1. Recovery A. Ameliyat

2. Obesity B. Ruh sağlığı

3. Surgery C. İyileşme

4. Immune system D. Aşırı şişmanlık

5. Mental health E. Bağışıklık sistemi

## 2. Doğru / Yanlış

- 1. "Cancer" is a type of mental disorder. (\_\_\_)
- 2. "Allergy" means the body reacts to something harmless. (\_\_\_)
- 3. "Hospital" is where you go for a regular check-up. (\_\_\_)
- 4. "Therapy" can only be physical, not mental. (\_\_\_)
- 5. "Chronic" illnesses last for a short period of time. (\_\_\_)

#### 3. Cümle Tamamlama

Verilen kelimelerle cümleleri tamamlayınız: (exercise – diagnosis – bacteria – transplant – depression)

1. She felt sad for months and was diagnosed with \_\_\_\_\_.

2. Regular \_\_\_\_\_ helps reduce stress and improves health.

3. The patient needed a kidney \_\_\_\_\_ to survive.

4. The test showed the presence of harmful \_\_\_\_\_.

5. Early \_\_\_\_\_ of the disease can save lives.



# **Cevap Anahtarı**

# 1. Eşleştirme

- 1 C
- 2 D
- 3 A
- 4 E
- 5 B

# 2. Doğru / Yanlış

- 1. Y
- 2. D
- 3. Y
- 4. Y
- 5. Y

# 3. Cümle Tamamlama

- 1. depression
- 2. exercise
- 3. transplant
- 4. bacteria
- 5. diagnosis

